

If you have been to a place in the last 14 days where there is spread of **CORONAVIRUS** and you have noticed symptoms such as: **FEVER, COUGH, DYSPNOEA AND DIFFICULTY BREATHING**, you should:

immediately notify a sanitary-epidemiological station **via phone**:

**telephone number: (32) 338 05 00**

or

in case of severe symptoms call the emergency phone number 112 or the nearest infection ward:

telephone number: .....

**NFZ CORONAVIRUS HOTLINE: 800 190 590**

**REMEMEBER!!!**

In case infection is suspected but you don't have any symptoms yet, stay at home, **avoid contact with other people** so that the virus is not spread.

Any doubts related to your health condition should be consulted via **PHONE** or by other means of distant consultation.

**DO NOT COME IN PERSON TO A PRIMARY HEALTH CARE CENTRE** (unless you are requested to do so in a specific time). **DO NOT GO DIRECTLY TO HOSPITAL** without prior arrangement concerning which hospital you should go to and whether this is at all necessary.

One infected patient (**including you**) can be a source of infection for other patients present in a waiting room!!!

- Wash your hands frequently with soap and water or with an alcohol-based hand rub/sanitizer.
- Avoid touching your eyes, nose or mouth.
- When coughing or sneezing, cover your mouth and nose with a bend of your elbow or use a disposable tissue.
- Avoid contact with infected people.